

For Immediate Release

Start Me Up Niagara
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NEW RESOURCE DROP-IN CENTRE OPENS IN NIAGARA FALLS

[ST. CATHARINES, ON, JUNE 21, 2021] Start Me Up Niagara is proud to announce the opening of a new remote Resource Drop-In Centre in Niagara Falls. This additional Resource Centre will assist local Niagara Falls residents experiencing significant life challenges such as poverty, homelessness, unemployment, disabilities, addictions and mental health issues by offering access to resources and programs that will provide individuals with opportunities to stabilize, participate and grow.

Our vision at Start Me Up Niagara has always been where all people are included, healthy, and self-sufficient. In opening up this satellite Resource Centre, we will extend our reach into new communities and assist individuals who might not have otherwise had access to vital programs to help them move towards self-sufficiency and a better quality of life.

Services offered at the **Niagara Falls Resource Drop-In Centre (NF-RDIC)** include Housing, Resource and Referrals, and a cooling station for the community during the summer. The Centre's hours are Monday through Saturday, 12PM till 5PM. The address of our new Centre is **4878 Jepson Street, Niagara Falls, ON L2E 1K1**. The Centre is located in the Faith Fellowship building. Participants accessing the facility are kindly asked to use the side entrance. The Centre's phone number is: **905.651.5722**

COVID Safety Protocols are in place per Regional and Provincial guidelines. Exact measures vary depending on Public Health rules and regulations. Physical distancing is encouraged at the Centre.

Our Mission:

Start Me Up Niagara works with individuals facing significant life challenges such as addiction, mental health issues, poverty, homelessness and unemployment.

We provide opportunities to improve health, increase community integration and support employment.

Start Me Up Niagara is a place where anyone can relax and be fully self-expressed, without fear of being made to feel uncomfortable, unwelcome or challenged on account of biological sex, race/ethnicity, sexual orientation, gender identity or expression, cultural background, age, or physical or mental ability; a place where the rules guard each person's self-respect, dignity and feelings and strongly encourage everyone to respect others.

Start Me Up Niagara currently resides on unceded land. Therefore, we would like to recognize and acknowledge the land we currently operate in the Anishinaabe and Haudenosaunee peoples' traditional territories.

More information about the services offered and other Centre updates can be found here: <https://www.startmeupniagara.ca/site/niagara-falls-resource-drop-in-centre>

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If you would like more information about this statement, please call Sabrina Hill at 905 932-9777 or email mediacom@startmeupniagara.ca