





WORK ACTION CENTRE WORKSHOP CALENDAR:

JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
				
5	6	7	8	9
	Digital and Technology Drop-In 1:30PM – 3:00PM			
12	13	14	15	16
		Ontario Works Info Session 1:00PM – 2:00PM		
19	20	21	22	23
			Financial Literacy 11:00AM – 12:00PM	
26	27	28	29	30
	Power of Possible Introduction 1:30PM – 2:30PM		Boundaries in the Workplace 1:30PM – 2:30PM	

COURSE DESCRIPTIONS ON THE FOLLOWING PAGE

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Tuesday June 6th Digital and Technology Drop-In 1:30PM – 3:00PM	<p>Do you need a new email address? Can't quite figure out how to use a program or one of your devices? Do you need computer access to work on an employment project? Be one of four patrons to use our in-house computer lab during our Digital and Technology drop-in hours.</p> <p>First come, first served.</p>
Wednesday June 14th Ontario Works Info Session 1:00PM – 2:00PM	<p>Put on by representatives from Ontario Works, this session provides information on how to better understand the rules, regulations and expectations of Ontario Works benefits, any changes that have been implemented, as well as information on discretionary benefits.</p>
Thursday June 22nd Financial Literacy 11:00AM – 12:00PM	<p>Put on by representatives from FirstOntario Credit Union, this informative workshop will cover how to effectively budget your money and end with a Q&A.</p>
Tuesday June 27th Power of Possible Introduction 1:30PM – 2:30PM	<p>"The Power of Possible" is a dynamic and innovative program that includes skills for job seeking, self-management tools and a structured, active job search curriculum.</p> <p>In this introduction workshop, you will learn how "The Power of Possible" will help you become more self-sufficient, confident & independent.</p>
Thursday June 29th Boundaries in the Workplace 1:30PM – 2:30PM	<p>This workshop will review effective ways to create and maintain healthy limits between you and your workplace.</p>
FREE Online Training: UDEMY	<p>Udemy® is an online learning website to help you learn new skills for business or employment. SMUN has purchased over 50 courses you can learn at home or in our computer lab. We can show you how easy it is to learn and introduce you to all the workshops available</p>
Business Coaching	<p>Do you need help figuring out how to do research, plan your operations, get customers and/or sales, start a business, run a business or write a business plan? Book some time with our business coach to assist you with working through your plan. Ask your caseworker for details.</p>

THINK BIG, START SMALL & GROW